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## GRATITUDE: 7 SIMPLE STEPS TO BECOMING MORE GRATEFUL IN 7 DAYS



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Gratitude - 7 Simple Steps To Becoming More Grateful In 7 Days When we talk about the practice of gratitude, we re not talking about saying thank you or counting your possessions. Rather, the practice of gratitude is about consciously taking time to be grateful for all the good things in our lives, and altering our perspective to...

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- Authored by Ruth Logan
- Released at 2015



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