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Integrated Treatment of Eating Disorders: Beyond the Body Betrayed

By Kathryn J. Zerbe

WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, Integrated Treatment of Eating Disorders: Beyond the Body Betrayed, Kathryn J. Zerbe, Kathryn Zerbe, after 25 years of in-the-trenches clinical work and award-winning instruction of psychotherapeutic principles, unravels the research behind eating disorders and presents hard and fast answers that practitioners can put to work with their clients. Zerbe's approach is an integrated one, and one that emphasizes an amalgamation of interventions tailored to the needs of the patient. Filled with clinical case examples from her own years in practice, sample dialogues, and easy-to-read tables and charts summarizing important clinical tips, Integrated Treatment of Eating Disorders is an invaluable resource for all mental health practitioners. It is the first book of its kind to tackle the complex issue of eating disorders in a way that is hands-on, practical, and applicable, offering clinicians real answers to essential questions so that they may more effectively and compassionately treat their clients.



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