



## The Velveteen Principles: A Guide to Becoming Real Hidden Wisdom from a Childrens Classic

By Toni Raiten-D'antonio

Health Communications. Hardcover. Book Condition: New. Hardcover. 200 pages. Dimensions: 7.6in. x 5.8in. x 0.8in. In the tradition of The Tao of Pooh, a noted therapist shows how the wisdom of a childrens classic can lead to a life of love, fulfillment and purpose. Who wouldnt want to go back to when life was simple and a stuffed animal could fix all your problems Botox parties. Extreme Makeovers. Reality TV. These are just some examples of how we have lost sight of something so basic yet so essential to true happiness: On our way to becoming status-seeking super-humans, we forgot how to be Real. This charming gift book guides readers down a simple path to reclaiming joy, fulfillment and individuality, using an unconventional source-the childrens classic The Velveteen Rabbit. By sharing the timeless insights and poignant quotes from the popular childrens book, the author identifies 10 keys to becoming Real, with the promise that when you become Real you will love and be loved with all your strengths, weakness, faults and gifts. As the Skin Horse explains to the Velveteen Rabbit: Real isnt how you are made . . . Its a thing that happens to you. . . . Generally...

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