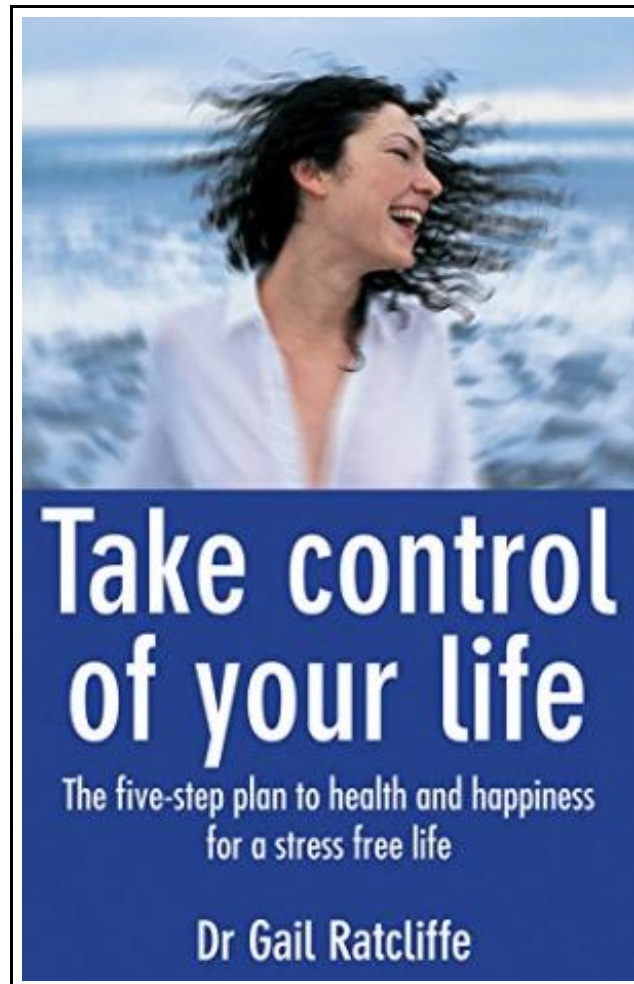


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TAKE CONTROL OF YOUR LIFE: THE FIVE-STEP PLAN TO HEALTH AND HAPPINESS

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