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Teens Cook: How to Cook What You Want to Eat

By Jill Carle

Ten Speed Press. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 11.2in. x 7.5in. x 0.5in. Written by two teens who know what teens do and don't know about cooking, TEENS COOK is an instructional cookbook that teaches young adults how to make great meals and be confident and independent in the kitchen. Authors Megan and Jill Carle are teenage sisters with nothing much in common when it comes to food except that they both know how to cook really well. One buys ingredients she likes and figures out what to make when she gets home; the other follows every recipe to the letter. One is a vegetarian who's drawn to ethnic food; the other prefers all-American comfort food. Together, they're a dynamic duo who have created and mastered more than 75 recipes for breakfasts, snacks, sides, family meals, dinners for one, and desserts. In TEENS COOK, the Carle sisters also share their kitchen know-how on averting and fixing disasters, dealing with cookbook math (fractions and metrics, ugh!), deciphering culinary vocabulary (all those terms we kind of know, but not really), explaining chemistry (why and how stuff goes right and wrong in the kitchen), and avoiding accidents (can you say grease fire oops!). For...



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