



## Cardiac Rehabilitation: Guide to Procedures for the Twenty-First Century (Hardback)

By -

Taylor Francis Inc, United States, 1999. Hardback. Book Condition: New. 228 x 158 mm. Language: English . Brand New Book. This detailed reference provides practical strategies and a scientific foundation for designing and implementing cardiac rehabilitation services to relieve the symptoms of cardiovascular disease patients through exercise training and risk reduction and secondary prevention, improve quality of life, and decrease mortality. Emphasizes multidisciplinary care that includes exercise training, behavioral interventions, and education and counseling regarding lifestyle changes and other aspects of secondary prevention! Written by world-renowned physicians, nurses, exercise physiologists, psychologists, dietitians, educators, and counselors in the field, Cardiac Rehabilitation \* presents evidence-based medicine as the cornerstone of clinical cardiology practice \* discusses interventions that limit the physiological and psychological effects of cardiac illness \* offers guidelines that enable elderly patients to maintain self-sufficiency and functional independence \* describes means of social and workplace reintegration \* evaluates policies for maintaining high-quality care, efficacy, and safety in an atmosphere of diminishing resources \* explains the role of managed care in moving rehabilitative care into the home, workplace, and other nontraditional sites \* assesses new interactive technologies that aid in tracking patient data \* gives pragmatic recommendations for the delivery of cardiac...



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