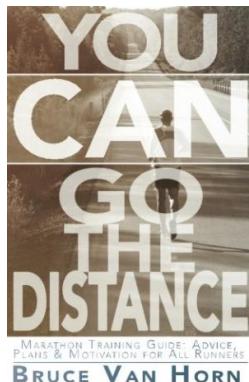


You Can Go the Distance Marathon Training Guide: Advice, Plans Motivation for All Runners



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